



# Waffle & Pancake Mix

## Cooking Instructions

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### Makes 10 Pancakes:

*Cooking instructions for the following products:*

- *Sunny Boy Whole Wheat Pancake & Waffle Mix*
- *Organic Sunny Boy Whole Wheat Pancake & Waffle Mix*

### Ingredients:

- 1 cup (250 ml) Whole Wheat Pancake & Waffle Mix or Organic Whole Wheat Pancake & Waffle Mix
- 1 cup (250 ml) milk
- 1 Egg

### Directions:

1. Preheat griddle/stovetop. If you are using an electric griddle, set the temperature to 400°F (205°C).
2. Place the pancake/waffle mix, milk, and egg in a bowl and mix with a whisk until smooth.
3. Pour ¼ cup (60 ml) of batter onto the hot lightly greased griddle/pan.

### Waffle Instructions:

1. Combine 1 cup (250 ml) of mix, 1 cup (250 ml) milk, 2 eggs and 1 tbsp (15 ml) vegetable oil. Whisk until smooth.